



BTF JUNIOR & VETERAN CHAMPS

SAT 29 FEB 2020



TOURNAMENT RULES OVERVIEW

1 GENERAL

- a Point stop sparring will be up to 5th Kup. 4th Kup and above will participate in continuous sparring.
- b All umpires have to wear the dress requirements as laid down in the ITF umpire rules.
- c Children, Juniors & Vets: *PATTERN will be for 9th Kup & above and SPARRING from 8th Kup & above.*
- d Pattern Ko-Dang will not be allowed and if performed will score '0'.
- e For a pattern to score, the correct amount of techniques must be completed.
- f **Spot checks will be made on height & weight. Competitors found over weight/height will be offered 2 choices:**
1. Move into next category (where possible) after payment of £10. 2. Automatic disqualification and no refund.

2 PRE-TKD 4-8 YEARS (L'il Leaders, Little Dragons etc, etc).

- a Pre-TKD students are aged 4-8 years on the date of the Championships.
- b Pre-TKD students will perform **all** or **first half** of Saju Jirugi or Saju Makgi as their competing Exercise/Pattern. No other exercise or pattern is allowed. If any other exercise/pattern is performed, the score will be zero.
- c Pre-TKD will compete in 'Dragon's Tail' instead of sparring.
- d Pre-TKD will perform front snap kick on an electronic power pad.
- e Pre-TKD can compete in their Pre-TKD uniforms which must be dobok style wrap over, V Neck etc and dedicated Pre-TKD belt colours
- f Students entered in the Pre-TKD section **cannot compete in Children categories.**

3 CHILDREN 7-13 YEARS

- a High Section scoring is allowed for Children -145, -155 and +155. Scoring is as per ITF rules.
- b **No** High Section scoring will be allowed for Children -125cm and -135cm . Warnings will be given if techniques are directed to the high section.
- c **Power:** Electronic Power Pad - 9th Kup & Above.
Belts will perform Knife Hand Strike and Turning Kick.
Belts will perform Knife Hand Strike, Reverse Turning Kick, Back Kick (Female) and Turning kick.

4 JUNIORS 14-17 YEARS

- a High section scoring is allowed. Scoring is as per ITF rules.
- b **Power:** Electronic Power Pad - 9th Kup & Above.
Colour Belts will perform Knife Hand Strike and Turning Kick.
Black Belts will perform Knife Hand Strike, Reverse Turning Kick, Back Kick (Female) and Turning kick.

5 VETERANS 40 YEARS +

- a **Power: Electronic Pad** (9th Kup - 5th Kup). Knife Hand Strike and Turning Kick
- b **Power - Plastic boards:** (4th Kup & above). A qualifying technique will be chosen on the day.

6 CATEGORIES

- a Normal categories will apply: '-125; '-135 '-145; '-155; '155+

7 TEAM PATTERN 7-13 yrs/ 14-19 yrs/ Veteran

Team pattern is £25 per team. You may enter as many teams as you wish **Teams will consist of 3 competitors only.**
 Colour belt teams can be a mix of male / female grades. Black belt teams can be a mix of male / female black belt grades.
 A name is required for each team eg: Windsor A, Windsor B.

8 EQUIPMENT - COMPULSORY

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| a Headguard - Top Ten/Macho Style. | f Groin Guard (male) 7 years above, worn inside trousers. | White |
| b Boots -Top Ten/Bytomic style | g dobok/uniform - 7 yrs and above (unless Pre-TKD) | |
| c Mouthguard | h Gloves (Children) Closed finger open palm Top Ten/Bytomic style. | |
| d Shin guard - Cotton sock/Macho, Top Ten style | i Gloves (Jnr Adult & Vet) Closed finger open palm OR 10oz boxing gloves. | |
| e Chest Guard (female) 12 yrs above or when development has started. (Worn inside) | | |